

FIND YOUR STUDY TIME: WEEKLY STUDY PLANNER

NCLEX Success Path

Week of: _____

How to use this planner:

1. Block out your fixed commitments first — work shifts, meals, sleep, and time to exercise.
2. Structure your remaining time into 2-hour study chunks, with a 15-minute study break between any back-to-back study sessions.
3. Add a bullet point checklist into each study chunk to specify exactly what and how you will be studying.
4. Use a fresh copy of this planner each week, across your 4–6 personalized study plan to help you stay on track for your NCLEX test date goal.

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7 – 8AM	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
8 – 10AM							
10AM – 12PM							
12 – 1PM	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1 – 3PM							
3 – 5PM							
5 – 6PM	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
6 – 8PM							

Total Study Hours This Week: _____

Reflection:

What worked well this week?

What distractions will you eliminate next week (study location, phone, social commitments)?

Ready for your full 4-6 week personalized plan?

Generate your free NCLEX study calendar at nclexsuccesspath.com